

Township of  
Langley



Est. 1873



# MIND EXERCISE NUTRITION DO IT!

Offered  
at Lynn Fripps  
Elementary School  
Call 604.455.8821 for  
details

Keeping kids healthy is hard.  
**mend** can help!

**mend** is a fun, free program that supports children and their families to become more active and healthier through interactive group sessions.

Township of Langley's Recreation, Culture, and Parks Division in partnership with:



RCP15-213TP