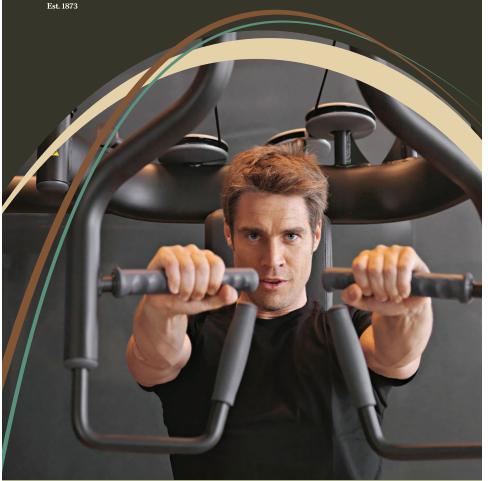


# Corporate Fitness Membership Offer



Working in Langley?
Get healthy in Langley!

tol.ca/fitness

### What is a CorpFit Pass?

If you are employed or have a business within the Township of Langley, you are eligible for a reduced rate CorpFit pass to Township of Langley community recreation centres. This contract-free pass includes access to:



- 6 fitness centres with a full range of cardio and strength equipment
- 3 aquatic facilities with sauna, hot tub, and steam room
- 2 arenas and over 20 drop-in skating sessions
- 100+ drop-in fitness classes every week
- 35+ drop-in aquatic fitness classes every week

### What are the benefits?

#### For Employees

- boost energy and improve sleep
- help control high blood pressure, diabetes, and high cholesterol
- improve quality of life
- increase resistance to disease
- manage weight and become stronger and healthier

### For Employers

- fewer sick days
- decrease absenteeism
- reduce work related injuries/claims
- reduce health and insurance claims



### **Corporate Classes**

Looking for team building We can do that too! Call us at 604.533.6174 for prices, dates, times,







### Who is Eligible?

A minimum of three employees from the same business must register in order to receive the CorpFit discount.

Once your business has been approved for a CorpFit membership, additional employees can be added with proof of employment.

Businesses must maintain a minimum of three registered employees.

### **How do I Apply for CorpFit?**

- Ensure you are employed by a business within the Township of Langley.
- Find a minimum of three employees from the same business to register.
- Complete the application form (available at any Township of Langley community recreation centre) and attach proof of employment.
- Submit completed applications to any Township of Langley community recreation centre (see back of brochure).

Once the application is approved, discounts immediately become effective on 3-month and 1-year passes.

# What does

CorpFit Cost?	3 Months	1 Year
CorpFit Pass Save	<b>\$99.91*</b> equivalent to \$33.30/mo	<b>\$346.22**</b> equivalent to \$28.85/mo
Standard Adult Township Fitness Pass (Go Active Pass)	<b>\$179.85</b> equivalent to \$59.95/mo	<b>\$509.59</b> equivalent to \$42.47/mo

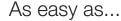
Prices are listed in Canadian dollars, include tax, and are effective September 1, 2018. \*No adjustments, extensions, withdrawals, or refunds.

### **Employers**

Payment options are available for employers wishing to pay for part or all of their employee passes.

Call us at 604.533.6174.





<sup>\*\*</sup>No adjustments or extensions. No withdrawals or refunds after nine months.

### Hours subject to change



### Aldergrove Credit Union Community Centre

27032 Fraser Highway 604.857.4299

Mon - Sat 7:00am - 8:00pm Sun 8:00am - 8:00pm

Closed Christmas Day



## **George Preston Recreation Centre**

20699 - 42 Avenue 604.530.1323 Fall/Winter:

Mon - Fri 8:30am - 7:00pm Sat & SH\* 8:30am - 12:00pm

1:00 - 4:00pm

Sun Closed

Spring/Summer:

Mon - Fri, SH\* 8:30am - 12:00pm 1:00 - 4:00pm

1.00 4.00

Sun Closed

\*SH - statutory holidays Closed Christmas Dav



### W.C. Blair Recreation Centre

22200 Fraser Highway 604.533.6170

Mon - Fri 6:00am - 10:00pm Sat - Sun 6:30am - 10:00pm

Closed Christmas Day



# Walnut Grove Community Centre

8889 Walnut Grove Drive 604.882.0408

Every Day 6:00am - 10:00pm

Closed Christmas Day



## Willoughby Community Centre

7888 - 200 Street 604.532.7598 Mon - Thu 6:00am - 9:30pm Fri 6:00am - 8:00pm Sat - Sun 8:00am - 7:00pm

Closed Christmas Day



### Willowbrook Recreation Centre

20338 - 65 Avenue 604.532.3500 Mon - Thu 6:00am - 9:00pm Fri 6:00am - 6:30pm Sat - Sun 8:00am - 6:30pm

Closed statutory holidays

Recreation Culture Parks



