

Township of
Langley



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NEWS RELEASE

FOR RELEASE: May 14, 2020

LANGLEY WALK GOES VIRTUAL

Whether you walk around the block, take to the treadmill, or do laps around the yard, there are plenty of ways to participate in the 58th Annual Langley Walk.

Since 1963, the Langley Walk has been hosted in various communities and presented by the Township of Langley and Langley City to encourage residents to get active and enjoy the great outdoors.

The longstanding tradition, which was scheduled to be held in Langley City this year, is going virtual in response to the COVID-19 pandemic and residents of the Township and City can take part by walking five kilometres while keeping safe and practicing social distancing.

Participants can walk on their own or with members of their own household to complete the 5K, either in one go or broken up into several sessions. Residents have until Sunday, May 31 to complete the Walk, and the first 1,000 Walkers to email events@langleycity.ca with their contact information, mailing address, and participant list will be sent a 2020 Langley Walk commemorative crest in the mail.

Those who finish their 5K are encouraged to capture the moment and share their stroll by taking a Virtual Langley Walk selfie and posting it on Facebook, Instagram, or Twitter using #LangleyWalk.

When walking in your neighbourhood, remember to practice two metres of physical distancing from others.

For more information, contact Langley City at 604.514.2940 or events@langleycity.ca.

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Media Inquiries:

For media inquiries on this or other Township of Langley topics, please submit your inquiry online at: tol.ca/mediainquiries.